

# Dyersburg Health & Rehabilitation Center Memory Lane Activities

March 2026

S	M	T	W	T	F	S
1 1:00-Church hymns	2 9:30-coffee & tunes 10:00-Movie 10-3 Manicures in salon	3 9:30-coffee & tunes 10:00-copy the picture 2:00-Bingo	4 9:30-Coffee & tunes 10:00-Bible story 1:00-Balloon toss	5 9:30-coffee & tunes 10:00-dice cups 1:00-Bingo	6 9:30-coffee & tunes 9:30-Shopping trip 1:00-Oreos!	7 11:00-Movie 1:00-Baby therapy
8 1:00-Church hymns	9 9:30-Coffee & tunes 10:00-Movie 10-3 Manicures in salon	10 9:30-Coffee & tunes 10:00-Cheeseheads 2:00-Bingo	11 9:30-Coffee & tunes 10:00-flower painting 1:00-Bible story	12 9:30-Coffee & tunes 10:00-Planting flowers 2:00-Bingo	13 9:30-coffee & tunes 10:00-shopping 1:00-Edible rainbows	14 11:00-Movie 1:00-Pencil art
15 1:00-Church hymns	16 9:30-Coffee & tunes 10:00-Movie 10-3 Manicures in salon	17 9:30-Coffee 10:00-Dancing leprechauns 2:00-Bingo with shamrock shakes	18 9:30-coffe & tunes 10:00-Bible story 1:00-Parachute	19 9:30-coffee & tunes 10:00-target shooting 2:00-Bingo	20 9:30-coffee & tunes 10:30-Lock's trip 1:00-karaoke	21 11:00-movie 1:00-Patio social
22 1:00-Church hymns	23 9:30-Coffee & tunes 10:00-Movie 10-3 Manicures in salon	24 9:30-coffee & tunes 10:00-Olympic steakhouse trip 2:00-Bingo	25 9:30-Coffee & tunes 10:00- garden club 1:00-Bible story	26 9:30-Coffee & tunes 10:00-air hockey 2:00-Bingo	27 9:30-Coffee & tunes 10:00-shopping 1:00-watercolors	28 11:00-movie 1:00-karaoke
29 1:00-Church hymns	30 9:30-Coffee & tunes 10:00-Movie 10-3 Manicures in salon	31 9:30-coffee & tunes 10:00-Birthday celebrations 2:00-Bingo				Activities are subject to change.

# Dyersburg Health & Rehabilitation Center Activities

# MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1</b></p> <p>1:00-Children's Church visit</p>	<p><b>2</b></p> <p>9:30-Coffee club 10:30-movie 1:1 visits 10-3 Manicures in salon</p>	<p><b>3</b></p> <p>9:30-Coffee club 10:30-Copy the picture 2:30-Bingo</p>	<p><b>4</b></p> <p>9:30-Coffee club 10:30-Balloon toss 2:30-Bible study</p>	<p><b>5</b></p> <p>9:30-Coffee club 10:30-Dice cups 2:30-Bingo</p>	<p><b>6</b></p> <p>9:30-coffee club 9:30-Shopping trip 2:30-Oreos!</p>	<p><b>7</b></p> <p>11:00-Movie 1:00-cornhole</p>
<p><b>8</b></p> <p>2:30-Church group</p>	<p><b>9</b></p> <p>9:30-Coffee club 10:30-movie 10-3 manicures in salon</p>	<p><b>10</b></p> <p>9:30-Coffee club 10:30-Cheese heads 2:30-Bingo</p>	<p><b>11</b></p> <p>9:30-Coffee club 10:30-Flower painting 2:30-Balloon hockey</p>	<p><b>12</b></p> <p>9:30-Coffee club 10:30-Planting flowers 2:30-Bingo</p>	<p><b>13</b></p> <p>9:30-Coffee club 10:30-Shopping 2:30-Edible rainbows</p>	<p><b>14</b></p> <p>11:00-movie 1:00-laser tag</p>
<p><b>15</b></p> <p>2:30-Church group</p>	<p><b>16</b></p> <p>9:30-Coffee club 10:30-Resident council meeting 1-3 Manicures in salon</p>	<p><b>17</b></p> <p>9:30-Coffee club 10:30-Dancing leprechauns 2:30-Bingo with shamrock shakes</p>	<p><b>18</b></p> <p>9:30-Coffee club 10:30-Parachute 2:30-Bible study</p>	<p><b>19</b></p> <p>9:30-Coffee club 10:30-Target shooting 2:30-Bingo</p>	<p><b>20</b></p> <p>9:30-Coffee club 10:30-Lock's trip 2:30-Billiards</p>	<p><b>21</b></p> <p>11:00-Movie 1:00-Scattergories</p>
<p><b>22</b></p> <p>2:30-Church group</p>	<p><b>23</b></p> <p>9:30-Coffee club 10:30-movie 10-3 Manicures in salon</p>	<p><b>24</b></p> <p>9:30-Coffee club 10:30-Olympic steakhouse trip 2:30-Bingo</p>	<p><b>25</b></p> <p>9:30-Coffee club 10:30-Garden club 2:30-Bible study</p>	<p><b>26</b></p> <p>9:30-Coffee club 10:30-foosball 2:30-Bingo</p>	<p><b>27</b></p> <p>9:30-Coffee club 10:30- shopping 2:30-say,what?</p>	<p><b>28</b></p> <p>11:00-Movie 1:00- Headbandz</p>
<p><b>29</b></p> <p>2:30-Church group</p>	<p><b>30</b></p> <p>9:30-Coffee club 10:30-Movie 10-3 Manicures in salon</p>	<p><b>31</b></p> <p>9:30-Coffee club 10:30-Birthday celebrations 2:30-Bingo</p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>	<p><b>4</b></p> <p>Activities are subject to change</p>