

November 2023

Gen-Pop

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1:1 Northwest 1	1:1 West 2	1:1 East 3	4
			8:30-Music & Trivia	8:30-Music & trivia	8:30-Music & trivia	Family visits & independent activities
			10:30-Bible Study	10:30-Making dog treats	10:00-Shopping	
			2:30-Ball balance	2:30-Bingo	2:00-Movie & popcorn	
			3:00-Hydration station	3:00-Hydration station	3:00-Hydration station	
5	6	7	1:1 North 7	1:1 Northwest 8	1:1 West 9	1:1 East 10
Sunday worship	8:30-Music & trivia	8:30-Music & trivia	8:30-Music & trivia	8:30-Music & trivia	8:30-Music & trivia	Family visits & independent activities
	10:30-Pinecone turkeys	11:00-Applebees Trip	10:30-Bible Study	1:00-Veteran's Day ceremony	10:00-Shopping TRIP	
	2:30-Turkey headbands	1:30-Bingo	2:30-Puppy Party		2:30-Bingo	
	3:00-Hydration station	3:00-Hydration station	3:00-Hydration station	3:00-Hydration station	3:00-Hydration station	
12	13	14	1:1 Northwest 15	1:1 West 16	1:1 East 17	18
Sunday worship	8:30-Music & trivia	8:30-Music & trivia	8:30-Music & trivia	8:30-Music & trivia	8:30-Music & trivia	Family visits & independent activities
	10:30-Fall truck craft	12:00-Beans & Cornbread	9:30-Sarah Piano	10:30-Tie-Dye turkeys	10:00-Shopping	
	2:30-Resident council	2:30-Bingo	10:30-Bible study	2:30-Bingo	2:30-Parachute	
	3:00-Hydration station	3:00-Hydration station	2:30-Turkey hunt	3:00-Hydration station	3:00-Hydration station	
19	20	21	1:1 Northwest 22	1:1 West 23	1:1 East 24	25
Sunday worship	8:30-Music & trivia	8:30-Music & trivia	8:30-Music & trivia	8:30-Morning news	8:30-Music & trivia	Family visits & independent activities
	10:30-Mini Pound cake bake	11:00-Thanksgiving meal	10:30-Bible Study	Happy Thanksgiving	10:30-Table top games	
	2:30-Cake social	2:30-Bingo	2:30-Apple pie cups	2:30-Resident led bingo	2:30-Caramel apple bites	
	3:00-Hydration station	3:00-Hydration station	3:00-Hydration station	3:00-Hydration station	3:00-Hydration station	
26	27	28	1:1 Northwest 29	1:1 West 30	1	2
Sunday worship	8:30-Music & trivia	8:30-Music & trivia	8:30-Music & trivia	8:30-Music & trivia		Activities are subject to change.
	10:30-Apple cider social	10:00-Movie & popcorn	10:30-Bible Study	1:30-Birthday Celebrations		
	2:30-Banana Pudding	2:30-Bingo	2:30-Softball	2:30-Bingo		
	3:00-Hydration station	3:00-Hydration station	3:00-Hydration station	3:00-Hydration station		

Dyersburg Health & Rehabilitation Center
350 E Tickle St.
Dyersburg, TN 38024
731-285-9710

Kayla Howard
Director of Activities

Bridgette Hadley
Activities Assistant